



# FENG SHUI FROM THE HEART

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Feng Shui is a powerful tool that has transformed my life and the lives of the people I have shared it with and trained.

In this training we focus on the key BTB: Black Hat Tibetan Buddhist, Feng Shui principles to build your foundation of practical and theoretical knowledge which will both transform your life and prepare you to work with clients, their homes and businesses directly. **IF YOU WOULD LIKE TO SKIP TO THE OUTLINE, PLEASE GO TO PAGE 5.**



**THIS WILL BE THE LAST TIME I WILL BE CONDUCTING THIS COURSE IN PERSON. MOVING FORWARD, I'LL ONLY OFFER THESE CLASSES ONLINE.**

My intention is to support you in deepening your understanding of Feng Shui so you can establish your own unique style and identity as a feng shui practitioner and apply it first to your own life and then to the lives of others.

## BENEFITS OF BECOMING A FENG SHUI FROM THE HEART CONSULTANT™...

### PROFESSIONAL BENEFITS



- Earn additional Income!
- Add Feng Shui as a new modality and new income stream to your existing business!
  - Use Feng Shui as a tool to catapult your clients into new levels of inner and outer awareness and success!
  - Utilize the principles of Feng Shui From The Heart to help your clients ATTRACT and CREATE their ideal relationships
    - Learn how to analyze any home or office's blueprint and make powerful changes to create greater flow and welcome increased prosperity!
      - Cultivate powerful space clearing and mindfulness techniques that will assist you in understanding your client's underlying blocks and how to remedy them
        - Learn sure fire tools for clearing stuck energy and making simple yet powerful changes to your client's homes and lives!
        - Move into a deeper conscious awareness of your environment and self!
        - Use the home as a feedback mechanism for greater understanding to

your client's underlying concerns.

- Increase self-worth when asking for payment or referrals.
- Learn to set fees, build a client base through referrals and acquire teaching and speaking opportunities.
- Receive a framed Feng Shui from the Heart™ Certificate of Completion for the Level 1 Practitioner Course

## ***Who will you work with when you enter the exciting field of Feng Shui Consultancy?***

- Clients in need of home or office organization and decluttering.
- Individuals looking to attract the "right" partner or heal existing relationships.
- Individuals seeking a more balanced and peaceful life
- Clients who have hired you for interior design and want to add Feng Shui to their home design
- Clients who want to attract more wealth into their home and business
- Teenagers who want to improve their space and heal personal issues.
- Families who want to bring more harmony and connection back into their home.
- Clients in need of home staging
- You will work on referral as well with real estate agents, stagers, interior designers, as well as coaches, mentors and counselors.

***As you can see, the possibilities for creating a business niche with Feng Shui are endless.***

### ***PERSONAL BENEFITS***

- Release what is no longer working for you and make space for new opportunities to live, love and learn!
- Create a sanctuary for love in your own bedroom where you feel recharged, rested and romanced!
- Enjoy a home that is harmonious and inspiring and awakens your senses.
- Feel more rested and relaxed in your bedroom.
- Create more expansiveness in your office for focus, efficiency, increased success and creativity!
- Achieve greater inner harmony and peace through mindfully arranging your environment.
- Experience huge transformation in all areas of your life as you bring yourself into greater alignment with your home and heart.

I look forward to embarking on this journey with you toward becoming a Feng Shui from the Heart practitioner.

## MORE INFORMATION ABOUT CLASSES

There are several different ways to learn and receive a certificate from *Feng Shui from the Heart Level 1*: Live Group Classes, Online and Private Classes.



The group class is designed to be completed over the course of 2 days. Sometimes with a smaller group, we can complete the class in 1 day. If you prefer to study level 1 privately with me, there will be 11 hours of interactive education in person or via zoom.

Whether you chose to learn in a live group setting, online or privately, you will receive a google file folder prior to the course with all the handouts that you will need, as well as printed handouts for the course. Once you have completed Level 1 course, you will receive a Feng Shui from the Heart

Level 1 certificate. All students who have completed Level 1 Group class can apply the tuition they paid toward Level 1 Advanced course. Students who take Level 1 privately will receive 20% off Level 2 Tuition.





## Level 1 & 2

### Level 1 Group Class In-Person

**Date:** June 8 & 9 2019

**Location:** South Beach

**2 days: 10AM-5:30PM \$450**

\* (When you bring a friend you receive a discount of \$100 in total toward tuition)

\*\*Early bird before June 1: \$405

Online Participants pay \$360 in advance and \$411 thereafter

**\*\*\*PLEASE RSVP by making \$100 deposit to Venmo: Inessa-Freya or Paypal: fengshuifromtheheart@yahoo.com**

**Level 2 Advanced Training 3 months both Onsite and Online Starts Aug 2019: \$2450** (you can apply the tuition from Level 1 Group to this class.)

### **What Graduates are saying...**

I loved learning the art of Feng Shui from Inessa. She is able to balance her deep knowledge with a true instinct for what's in the highest good for each person and situation. It was amazing to witness that and learn from her, while she also very much encouraged us to find our own personal way to practice. The certification and advanced course left me prepared and excited to start practicing and taking on my own clients!

**Gaby Guzman**, Jupiter Circle, Miami, FL

My perspective of Feng Shui has completely shifted from anything I ever thought I knew due to the Mastery and vast knowledge base of Feng Shui Master Inessa Freylekhman. I look forward to sharing in our next class. The practice carries an ancient wisdom and her energy carries a depth not often seen. Beyond the content there is a lightness and joy to the class and to working with Inessa. Truly humbled by this keeper of sacred knowledge and ancient lineages. Feng Shui will never be the same to me again thanks to this amazing teacher. Simply put she knows her stuff and knows how to deliver it!

**Elisjah Anderzen**, Miami, FL

I took the Feng Shui from the Heart Certification course a few years ago and it completely changed the way I choose things for my house, I look into spaces and even relate to people!! Inessa is a fantastic teacher, very spiritual, sensitive and deep, she is very genuine and knowledgeable on the subject and has an amazing and empowering energy. Classes are very interesting and entertaining, it gives you a great understanding of feng shui and other sacred arts!!!! I never wanted the course to end.

**Luciana Pavan**, Miami, FL

A co-worker told me about Inessa of Feng Shui from the Heart and his positive experience in one of her conferences. I learned that she is a local of Miami Beach which is where my office is and contacted her for a presentation to our sales professionals. Inessa was our special guest for our 2018 kick-off. This was the best way to start the year! Among the many things she spoke about she explained "clutter" - inner and outer. It was about doing away with things that do not bring us a positive energy. To my surprise immediately after the meeting the people were cleaning out their offices and moving desks and chairs. It was a beautiful sight to see! Inessa is well versed in Feng Shui and very effective! It did not end there....some have continued meeting with her on a one-to-one for assistance in organizational skills and balance. Inessa....thank you once again!

**Yolanda**, Berkshire Hathaway, Miami, FL

Inessa has a beautiful spirit with the innate ability to eradicate all negativity from a space. Her presence is truly uplifting and she is a wonderful teacher, leader, and guide.

**Ariela Sarah**, Interior Designer, Miami, FL

Feng Shui has been around for thousands of years, yet few people have no idea what it truly is. Throughout my life, I've always known minimal amount of Feng Shui but after Inessa Frelekhman's workshop I am beyond impressed and more knowledgeable about the physical, mental and spiritual benefits of this ancient practice. Her life experiences and professional history made me confident and comfortable enough to trust her and feel connected to her. I loved how Inessa incorporated a mini mediation opening and closing the workshop, She used these amazing bells that gave my body vibrations and goosebumps I cannot explain. Thanks to Inessa my interest in this field has become quite apparent and I'm excited to begin applying these wonderful practices into my everyday environment. I highly recommend Inessa and will continue to talk about her amazing energy and practices along with my experience, for a lifetime.

Namaste, **Jonathan**, 1 Hotel

## **LEVEL 1 OUTLINE**

### **Module 1**

- History of Feng Shui
- BTB VS. Compass School
- Understanding the flow of Chi
- The 3 secret reinforcements
- The Sealing Mantra (Om mani..)
- Space Clearing Ritual
- Attuning to the inner Feng Shui Master/ Attuning to the home

### **Module 2**

- The Ba-gua inside out/outside in
- Superimposing on awkward shapes
- The ba-gua as a feedback mechanism
- The ba-gua as a programming device
- The 5 element Theory (Water, Metal, Fire, Earth)

### **Module 3**

- Commanding Position
- Cures for awkward Shaped home
- Corrections for Problematic layouts

### **Module 4**

- We will walk cover various problematic scenarios and I will provide you with remedies and cures.
- The following cures will be covered:
  - ✓ Chimes
  - ✓ Crystals
  - ✓ Mirrors
  - ✓ Plants
  - ✓ Bamboo
  - ✓ The Silver Box
  - ✓ Tying the drains
  - ✓ Ideal Scenes

## **Module 5**

- 9 Star Trace
- *Home assessment* (I will bring drawings of a house for you that contains many feng shui problems as well as a pseudo profile of the type of person that lives in the house. I will ask you to make corrections based on everything we covered in the previous 5 modules.
- Your home assessment

## **Module 6**

- Review of Home assessment
- Synthesis
- Questions
- Overview what you've learned and areas you need more support.

## **Format**

The course will be presented via Power Point. There will be instruction and time for back and forth experiential learning as well as dyad and group exercises.

## ***Ongoing training/ support/coaching***

Once you have mastered the basics, you're on your way to start practicing this art. I suggest you do it for yourself first, second your friends and family then start working with paying clients.

If you chose to continue studying with me toward mastery, the next level is the Advanced course.

**Level II Advanced Course** is a three month experiential training that puts you out in the field working alongside other students and myself where you will be able to apply the techniques you learned in Level I. There will be weekly calls, bi-monthly trainings, classes assignments and on-site consults.



*Here is a short description of the course...*

## **Feng Shui from the Heart Intensive: “THE ADVANCED COURSE”**

**Begins:** August 2019

**Recorded Calls:** Every Other Thursday.

This is a experiential, hands on and practical course where you will work in a small group of 3-6 participants over the course of three months. Most of the time will be spent on the field analyzing and assessing homes. There will be weekly phone calls and bi-monthly Tele-seminars where you will learn advanced cures and corrections for very problematic layouts and life situations.

### **Basic Course Outline**

- 15 hours of experiential Onsite Feng Shui Home/Business Assessment. Many students choose to use their homes. (This is what gives the course the best value on the market)
- Bi monthly coaching calls all recorded and live. Will include:
  1. *Orientation) Psychic Protection*
  2. *Conducting a Session A -Z*
  3. *Advanced Cures & Corrections*
  4. *Ba-Gua in Depth as a Psychological Lens*
  5. *Feng Shui Ethics/Advanced Cures*
- Weekly 30 min call to check in, review floor plans /ask questions/accountability/ homework.
- Homework to test knowledge
- Facebook group for support and questions
- Course Syllabus

Once you've completed Level I and II, guidance can be provided in a mentorship situation. That means, if you have a feng shui consultation, and you need my assistance to either look at the layout, and provide feedback, or there is a particular questions you have regarding the person's life situation and you need support with feng shui intervention, you can call me, or skype, email me the blueprint, etc. and I will provide guidance.

I'm so excited to take this journey with you!

Let's Have Some Fun Shway!!

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